

▶ **FY2026-Health Checkup Vouchers and Group Checkup** 令和8年度 受診券と集団健診

FY 2026 health checkup vouchers will be mailed in late March. Once received at your home, please review the contents and make an appointment at a designated hospital or for a group checkup.

Validity Period: April 1, 2026 - March 31, 2027

The first Group checkup Schedule (By Appointment) in FY 2026

Date/Time: May 30 (Sat) & 31 (Sun), 8:00 AM - 11:00 AM (sign-up)

Venue: Okinawa City Hall

Reservation Deadline: By Thursday, April 30

* After booking, your reservation form, urine/stool sample containers, etc., will be mailed to you from the Chubu District Medical Association Health Examination Center (中部地区医師会検診センター).

【Contact】 Residents' Health Division 市民健康課(Ext. 2246)

▶ **Notification of National Pension**

国民年金の届け出

Notification is necessary in case the category of your status in national pension insurer changed. If you leave it undone, the amount of pension annuity you will receive in the future can be reduced, or not be able to receive it at all. Please be sure to process the change.

【**Category of National Pension Insurer**】

Category 1 Insured Person: Self-employed, agricultural, forestry and fishing industry worker, student, or unemployed, etc.

Category 2 Insured Person: Employee or government worker who are enrolled in employee's pension insurance.

Category 3 Insured Person: Dependent spouse of the category 2 insured person

Contact:

Koza Pension Office 098-933-2267. Shimin Ka, Kokumin Nenkin Tanto (Residential Division, person in charge of National Pension) Ext. 2133/ 2134

Situation	Required Procedure	Where
Hired at company or government organization	Enrolled in employee's pension insurance	Place of employment
Become a dependent Spouse of company employee (Aged between 20 and 59)	Procedure required as category 3 insured person	Spouse's place of employment
Retired from company or government organization (Aged between 20 and 59 Procedure also required for dependent spouse)	Procedure required as category 3 insured person ※within 14 days	National Pension Section, Residential Division
Become independent from spouse (Aged between 20 and 59)	Procedure required as category 1 insured person ※within 14 days	

All services are provided in JAPANESE ONLY (unless otherwise indicated). For postal and emailing services, or any inquiries in ENGLISH, please email: kokusai@city.okinawa.lg.jp

Okinawa-shi Yakusho Bunka Geino Ka (B1) 26-1 Nakasone-Cho, Okinawa City, Okinawa 904-8501

▶ Let's Take a Look Into Neighborhood Association Activities

のぞいてみよう！自治会活動

If you live nearby, but you don't really know much about it? Why not discover the charm of your neighborhood through your local association? Throughout the year, neighborhood associations across the city organize activities for residents to enjoy interacting and deepening community bonds.

If you get curious or have any questions, please feel free to contact your local neighborhood association.

The Major Annual Events of the Neighborhood Association

Each season brings a variety of events for the whole community to enjoy.

Spring: Welcome party for new first graders, spring ground golf tournament, raising of the *Koi Nobori* (Carp-shaped streamers), and memorial Service

Summer: Radio calisthenics in the morning during summer vacation, parent-child tug-of-war tournament, eisa street performance during *Obon*, and summer festival

Autumn: Moon viewing party, autumn festival, Halloween exchange party, disaster prevention drill, respect for the aged day Gathering, and picnic

Winter: Christmas party, year-end big cleanup, new year *mochi* pounding party, new year party, new-year marathon tournament, and 37 exercise※

※37 exercise: A health promotion activity being carried out by 37 neighborhood associations within the city.

Year-round Activities

As part of community building and health promotion, we actively run children's cafeterias, mobile children's centers, health exercise programs, day services for seniors seeking fulfillment, and clubs for activities such as *sanshin* (three-stringed instrument) and folk songs.

(Timing and initiatives vary by neighborhood association.)

Contact: Residential Livelihood Division (Ext.2214)

▶ Evacuation Assistance During Emergency Project

災害時あんしん避難支援事業

In recent years, many lives have been lost due to natural disasters such as earthquakes, typhoons, and torrential rains.

Okinawa City has created a "List of Persons Requiring Evacuation Assistance" (避難行動要支援者名簿), which contains information on those who have difficulty evacuating on their own in the event of a disaster, and is building a support system that includes safety confirmation, evacuation assistance, and daily preparedness in the event of a disaster. For this reason, we are sequentially sending to eligible citizens a confirmation of their intention regarding registration on the list and preparation of individual evacuation plans, as well as a consent form regarding provision of such information to persons involved in evacuation support.

When you receive the notification letter, please check the contents and return it to the City with a description of your current situation.

The Eligibility for The "List of Persons Requiring Evacuation Assistance"

Those who fall under any of the followings and have difficulty in making accusations on their own:

-Those who are certified as "Care level 3 to 5"

-Those who hold physical disability certificate-grade 1 or 2

-Those who hold intellectual disability certificate-A1 or A2

-Those who hold psychiatric disability certificate-grade 1

-Other persons requiring special consideration who wish to receive assistance

*Excludes those who are admitted to a facility, hospitalized for a long period of time, or who are able to receive support from their family members.

How The List Utilized:

A list of those who have agreed to provide this information to persons involved in evacuation support, etc., will be provided to community associations, voluntary disaster prevention organizations, welfare commissioners, child welfare commissioners, and other related organizations, and will be used for such purposes as watching over people during normal times, disaster drills, and safety confirmation in the event of a disaster.

※The confidentiality of the list will be strictly observed and appropriate management will be ensured.

Information of those who do not consent to the provision of such information to persons involved in evacuation support, etc., will be managed appropriately by the city and used for the establishment of an evacuation support system.

The preparation of individual evacuation plans is outsourced to the Okinawa City Social Welfare Council. If you agree to the preparation of an evacuation plan, an Okinawa City Social Welfare Council staff member will visit your home to prepare an individualized evacuation plan according to your specific situation.

Okinawa City Social Welfare Council 沖縄市社会福祉協議会 TEL:098-937-3385



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