

The Okinawa City Hall's *Bunka Geino Ka* (the Culture & Traditional Arts Division) selects excerpts from the city's public relations newsletter (*Koho* Okinawa) and published them in English and Chinese in hopes of better serving our community of residents who may have difficulty reading or understanding Japanese. **These articles are translated by the Culture & Traditional Arts Division staff and are provided for reference only. Administrative services are provided in Japanese only (unless otherwise indicated).** For English support, please email: **kokusai@city.okinawa.lg.jp.** You can also view monthly issues of the newsletters and other information about living in Okinawa City by clicking the ENGLISH/中文 link on the Okinawa City website: http://www.city.okinawa.okinawa.jp/

Administrative Announcements

A Renewal of <u>Elderly Health Insurance Certificate</u>

(後期高齢者医療被保険者証 Koki Koreisha Iryo Hihokensha Sho)

① The ratio of the window charge for insured persons at medical institutions will be reviewed from October 1, 2022. In line with this, in FY2022, the insurance certificate will be switched twice, once in August and once in October.

New insurance card will be mailed in July and September by registered mail.

② Those who have unpaid premiums will be issued at the service window.

*Please bring your current insurance certificate when you visit our service window..

You may discard your insurance certificate, etc. after its expiration date by yourself. Please be careful with your personal information, and be sure to discard them by cutting, etc. by yourself.

New certificate is valid from:	New certificate will be sent in:	Color of Certificate	Expiring Date
August	July	Green	September 30, 2022
October	September	Pink	July 31, 2023

Contact: Kokumin Kenko Hoken Ka (National Health Insurance Division) ext. 2101

Do Not Miss Your Chance to Get Cancer Screening for Women

Okinawa City delivers free coupons to the eligible citizens around May every year. Early detection of cancer is important. Please use the coupon and make an appointment to see a doctor as soon as possible.

Coupon expires on Tuesday, February 28, 2023

<Cervical Cancer Screening>

Method of examination: Cells from the cervix are collected and observed under a microscope.

Eligibility for this year: 21 years old (born between April 2, 2001 and April 1, 2002)

<Breast Cancer Screening>

Eligibility for this year: 41 years old (born between April 2, 1981 and April 1, 1982) **Contact:** *Shimin Kenko Ka* (Residents' Health Division) ext. 2246

Koza Terrace Summer Festival

Perfect season to go out! Fun games and treats are prepared for kids during the festival! Period: July 8 (Fri)- 10 (Sun) Time: 12:00 noon - 20:00 ※Start at 15:00 on 8 (Fri) Venue: Ichiban Gai Shopping District and Palmyra St. ※Only on Ichiban Gai when it rains. **Contact:** *Ichiban Gai* Shopping District 090-3795-4990

Sports Classes by Sunbiscus Okinawa

Date & Time/ Venue/ Eligible Age/ Capacity (%First come first serve basis)



1. Badminton Class July 21 (Thu) 19:00-20:30/ Okinawa City Gym/ 18y/o or older/ 16 2. Table Tennis Class

July 19 (Tue) 14:00-15:30/ Okinawa City Gym/ 18y/o or older/ 16

3. Family Sports Recreation Class

August 13 (Sat) 10:00-11:30/ Multi-purpose Field/ 4y/o to 3rd grade of elementary school children and their parents/ 12 pairs

<For all classes> Fee: 100 yen per person What to Bring: Indoor shoes, your own beverage. %Racket, if you have your own (for #1 & 2)
Contact: Sunbiscus Okinawa 098-989-4695

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Okinawa-shi Yakusho Bunka Geino Ka (B1) 26-1 Nakasone-Cho, Okinawa City, Okinawa 904-8501





National Pension Premium Exemption Applications Begin July 1

There are exemptions and deferments for payment of insurance premiums for those have financial difficulty to pay their National Pension Insurance premiums. Please do not leave it unpaid.

If your application is approved, the exempted period will be included in the eligible period (paid period) which enable you to receive pension in the future, and you will also be eligible to receive the basic disability pension in case you are disabled due to an accident ,etc.

Applications will be accepted after July 1 for:

Exemptions for July 2022~June 2023

Required Documents:

Identification document with face photo.

•When applying for special exceptions due to unemployment, etc., one of the following copies which proof your separation from employment is required.

-雇用保険被保険者離職票(Ask your company to issue)

-雇用保険被保険者資格喪失確認通知書(Issued at Public Employment Security Office)

-雇用保険受給資格者証(Issued at Public Employment Security Office)

What is good about applying for exemption?

Depending on the percentage of exemption, you are guaranteed a certain amount of pension! For example, during the period of total exemption, one-half of the pension amount is guaranteed even if no premiums are paid. If you have not completed the waiver procedure and have not paid the amount, you will not be covered.

%The period of deferment of payment is not reflected in the pension amount, but is included in the eligibility period.

Disability pension in the event of illness or accident, or a survivor's pension in the event of the death of a family member can be received.

About the Japanese Pension System (English Link)

http://www.nenkin.go.jp/international/english/nationalpension/nationalpension.html

For more details, please visit Pension Office TEL: 098-933-2267

Or Shimin Ka, Kokumin Nenkin Tanto (City Residential Division National Pension Section.) ext. 2133/2134

Supportive Measures in <u>"National Health Insurance</u>", <u>"Medical Care</u> System for the Elderly" Regarding COVID-19 infection

Accident and Sickness Benefit

When an insured person is absent from work for medical treatment due to infection or suspected infection with the COVID-19 and is unable to receive all or part of their salary, etc. from the employer, the insured person will receive an "Accident and Sickness Benefit". The applicable period has been extended until <u>September 30, 2022</u>.

For more information on the requirements and how to apply, please refer to the official website of Okinawa City. For more information, please visit the Okinawa City Hall official website or contact /visit our office. **Contact:** National Health Insurance Division (Ext.2112)/ Medical Care System for the Elderly (Ext.2101)

► Supportive Measures in <u>"National Health Insurance"</u>, <u>"Medical Care</u> <u>System for the Elderly"</u> And <u>"Long-term Care"</u> Regarding COVID-19 infection

Reduction of Premium

Reduction and exemption of insurance premiums due to the impact of the COVID-19 is planned for FY2022. As soon as the details are decided, they will be announced in Okinawa City Newsletter and on the Okinawa City Hall official website.

Contact: National Health Insurance Division (Ext.2106,2108)/

Medical Care System for the Elderly (Ext.2128)/Long-term Care Insurance Division (Ext. 3146/3147)

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► Please Note:

July is the payment deadline for the following taxes: **Real Estate Tax** (2nd term)/ **Long-term care insurance pre**imium (2nd term)/ **National Health Insurance premium** (1st term)/ **Medical care for the elderly insurance premi**um (1st term). If you use automatic bank transfers, payments will be withdrawn on August 1st. Make sure you have enough money in your bank account the day before.

COVID-19 Vaccination

Information

3rd dose: The interval between doses is

moved up to 5 months.

The interval between the second and third vaccinations is now 5 months.

If you have not yet received your third vaccination, please check.

%Please note that for the Novavax vaccine, the interval between vaccinations is 6 months.

4th dose: Please inform us if you have any underlying medical conditions.

Those who have completed the third immunization and are 18-59 years old and have an underlying medical condition who wish to receive the fourth immunization must apply for an immunization ticket to be issued.

4th Dose Vaccination Venue

<Group Vaccinations >

Date: July 12 (Tue) Time: 9:30-11:30/13:30-15:30 Venue: Okinawa City Gym Address: 2-1-1 Moromizato, Okinawa City Vaccine used: Pfizer

<Individual Vaccinations >

Information on the medical institutions that conduct the program is now available on the website.

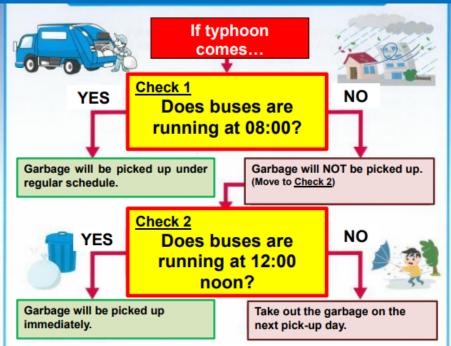
We also offer the first through third vaccinations and vaccinations for ages 5 to 11. For more information, please visit our website.

Contact: Call Center 098-923-2401

Hours: 8:30-17:00

(Close on Sundays and Japanese holidays)

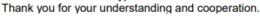
Garbage Collection During Typhoon



The garbage pick-up will be cancelled as soon as the buses stop to secure safety.

NOTE

Please stay focused on typhoon updates and take a safety meager for your garbage as well. There will be no make-up schedule for cancelled pick-up schedule before the next pick-up day. Pick-up schedule for bulk trash and green waste will delay because there will be more application on those trashes after typhoon.



Contact: 098-939-1212 (Ext.2225) Environmental Division

Okinawa City Library News

Book readings & hand games: Saturdays, Jul 9, 16, & 23 starting at 3:00 pm Days Closed: See the library website for their business calendar. (Closed on the red marked dates) Address: 2-28-1 Chuo, Okinawa City Korinza Mall (1F) TEL: 098-929-4919







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