





▶ **Disaster Prevention Column — Disaster Preparedness Tips Vol. 6** 防災コラム 防災まめ知識 vol.6

The Smart Way to Use “Emergency Kits” and “Emergency Supplies”

Did you know that disaster preparedness involves two key elements: an “emergency kit” for immediate evacuation and “emergency supplies” to help you weather the storm at home? Let’s clarify “when and where to use them” so you can tailor your preparations to your specific needs.

	Emergency Kit	Home Supplies
When to Use?	When evacuating from home 	When staying at home (for a few days) 
Recommended Quantities	7-day supply (recommended)	7-day supply (recommended)
Storage Location	Entrance, bedside, etc. 	Kitchen, closet, etc. 

Key Points

<Emergency Kit>

Keep it light enough to carry while running

- It’s a good idea to try carrying it to make sure you can move comfortably

<Home Supplies>

- We recommend the “Stock Rotation” method: buy extra everyday items, use the oldest ones first, and restock as you go

- It’s important to prepare not only food but also emergency toilet supplies

Don’t just “throw things in” for your disaster supplies; add “what you personally need” and review the contents regularly.

- Medication for chronic conditions ● Eyeglasses ● Feminine hygiene products ● Baby formula ● Diapers ● Nursing care supplies ● Pet supplies

【Contact】 Disaster Prevention Management Office 防災危機管理室 (Ext. 5602)

▶ **A Request from the Japan Coast Guard** 海上保安庁からのお願い

Please keep followings in mind when you go to the beach or enjoy other marine activities:

ビーチに行くなど、その他のマリレジャーを楽しむ場合には以下のことにご留意ください。

- ✓ Make sure to wear a life jacket
- ✓ Do not let children go to the beach alone
- ✓ Ensure you have a way to contact someone



In case of an emergency at sea, call 118 *Japan Coast Guard* (QR code) Accident Hotspot Map (QR code)

【Contact】 Disaster Prevention Management Office 防災危機管理担当 (Ext.5601)



All services are provided in JAPANESE ONLY (unless otherwise indicated). For postal and emailing services, or any inquiries in ENGLISH, please email: kokusai@city.okinawa.lg.jp

Okinawa-shi Yakusho Bunka Geino Ka (B1) 26-1 Nakasone-Cho, Okinawa City, Okinawa 904-8501

The Okinawa Disaster management Information Portal

“ハイサイ！防災でーびる (Haisai! Bosai Debiru)” offers information regarding disaster management and updates in Okinawa Prefecture in Japanese, English, Chinese and Korean. Disaster Management Information Email Distribution Service



ハイサイ！防災でーびる

県内の災害情報や各市町村の避難情報などを記載、メール配信している県のサイトです。多言語にも対応しているので、外国人の方も活用できます。

Select Language English (On the right above)
<https://bousai-okinawa.my.salesforce-sites.com/#>

Okinawa City Monthly PR Magazine OKINAWA provides multi language audio book.!!!!!! NOW YOU CAN READ!!!!!! KOREAN: CHINESE: THAI: SPANISH :INDONESIAN :VIETNAMESE: PORTUGUESE:JAPANESE & ENGLISH!!!!

10言語対応「広報おきなわ」デジタルブックで配信中!

Delivering Multi Languages!

- ブラウザでもアプリでも、スマホやタブレットで読める
- 読みやすいUDフォントで表示し、サイズも調整できる
- 動画や写真も楽しめる
- 10言語で読める・聞ける (音声読み上げ対応)

無料 FREE APP

広報おきなわ 多言語

This Public relations magazine can be read in 10 languages

※[音声読み上げ]ブラウザによっては対応していない場合があるため、専用ビューア「Catalog Pocket (カタポケ)」(無料)をご利用ください。

What is Koza International Plaza???

Various Language Classes (90 min, Free of Charge)

Japanese, Chinese, Spanish, English for beginners. *Adults only *Three-month course *Please inquire for the class schedule.

●Yuntaku-Kai: Language Exchange (Free of Charge) Learn language through interaction with others.

*For details, please check KIP Facebook page.

●Multilingual Consultation (Free of Charge, by appointment only) We provide consultation in English, Spanish, Chinese, Portuguese and Japanese, working together by identifying problems that foreign residents face in daily life. We will provide information and referrals to the relevant offices and agencies when applicable.

*Duration of a single consultation: 40 min/ person (up to 3 people per day)

●Information Corner and Communication Corner We have an information space (Mini Library) where residents of any nationality can visit and enjoy quiet time to read books, international magazines, and stop by for friendly chat.

●International Events We hold international events every month. For details, please check KIP Facebook

For more information, please visit KIP's Facebook page (@ociakip) or Instagram account (@koza_international_plaza).

Contact: kipokinawa@gmail.com

KIP is moving to New Place now:

Okinawa- City Chuo 4-1-3

Contact: 098-989-9767

Monday through Friday : 09:00 to 18:00

Saturday : 10:00 to 17:00



Koza International Plaza

Would you like our newsletters emailed or mailed to you? Let us know! Visit our website NOW!

Email: kokusai@city.okinawa.lg.jp

You can also visit, call or fax us at:

Okinawa-shi Yakusho Bunka Geino Ka
沖縄市役所 文化芸能課 (B1)

26-1 Nakasone-Cho, Okinawa City, Okinawa
Tel: (098) 939-1212 FAX: (098) 923-3485



Koza International Plaza
4-1-3 Chuo, Nankai Product Building
1st Floor Okinawa City

TEL 098-989-9767 (Temporary)

Email: kipokinawa@gmail.com

Mon-Fri :10:00-19:00/ Sat: 10:00~ 17:00

*Closed on Sundays and Japanese holidays.



All services are provided in JAPANESE ONLY (unless otherwise indicated). For postal and emailing services, or any inquiries in ENGLISH, please email: kokusai@city.okinawa.lg.jp

Okinawa-shi Yakusho Bunka Geino Ka (B1) 26-1 Nakasone-Cho, Okinawa City, Okinawa 904-8501